

(You can either start working quietly on your assignment in the next minute, the inappropriate behavior, the teacher keeps track of this wasted time (a basic stopwatch works very well). I know I will make up the wasted time and any learning activities that took place during that time during my free/break time. Which means this can occur during PE, art, music, library, counselor, or after school.

I understand that the teacher is responsible for many things. He/She needs to plan the lesson and then do everything possible to help students understand the material. The teacher has a big job because it is not easy to help a class full of students. When I behave disruptively, I am making it hard for the teacher to do

Being held "accountable" means having to face the consequences of my behavior. It also means the same as the word "responsible" which is defined in Webster's Dictionary as **1)** Liable to be called upon to answer for one's acts or decisions **2)** able to fulfill one's obligations: Reliable, Trustworthy **3)** able to choose for oneself between right and wrong, **4)** involving accountability or important duties.

A responsible person understands that there are consequences to his or her behavior. A consequence is what happens to us as a result of our actions. For example, if you are not suppose to be chewing gum, but you get caught chewing gum any way, then you will be one of many students who find out the hard way that you must write the behavior contract. Having to write the paper is a direct consequence of your behavior. Consequences are important because they help

make good decisions, I am rewarded. In school, this means getting a good education and feeling good about myself as a student. I understand that I